

# OCCULT MINDSCAPES

## Brainwave Journeys Into Other Realms

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### SATURN - DELTA, THETA ENTRAINMENT

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The Brainwave Entrainment Audio contained herein will assist you in tapping into the complex energy of the god Saturn. The audio starts in Delta and then moves to Theta and then back down to Delta. The musical accompaniment transitions to reflect his paradoxical nature.

With this audio, you can experience the powerful, and often heavy energy that Saturn brings to a ritual.

The Audio is in MP3 format and is 20 minutes in duration and comes with instructions on how to use it.



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## HOW TO USE THIS AUDIO

This audio is very powerful and should thus be used appropriately.

This audio is best listened to with headphones. This will allow the Brainwave entrainment to work. Listening to it on your MP3 Player, Phone or your PC with headphones works best. Listening to this on regular speakers is not suggested.

Listen to this audio before, during or after your ritual for full effect. Doing so will allow you to fully experience the moment.

You can listen to this audio as many times as you like, even outside a ritual and meditation practice. However, once or twice a day is optimal.

DO NOT use this audio while driving, operating heavy machinery or during times that you need to be fully conscious of what you are doing or your surroundings. These audios can and will put you in an altered state of consciousness.

Please consult your doctor before using this if you have any health conditions such as epilepsy or heart disease.

You may incorporate this audio into your ritual or meditation practice as you see fit. We find listening to it BEFORE a ritual and DURING a meditation is optimal.

Above all else, enjoy!

So Mote It Be,

Baal Kadmon